

QUIT TOBACCO with **GROUP QUIT**

There's never been a more important time to quit.

Free expert-led sessions to help you quit all forms of tobacco.



Virtual Group Sessions

-OR-

In-Person Group Sessions



**Develop your
personalized
quit plan.**



**FREE nicotine
replacement patches,
gum, or lozenges.***



**More than
DOUBLES your
chances of success!**

*If medically appropriate for those 18 years of age or older

Pre-registration is required.

CALL TODAY:

Sponsored by:



**Florida
HEALTH**

Learn more about all of Tobacco Free Florida's tools and services at
www.tobaccofreeflorida.com/quityourway