

LEARN HOW TOOLS TO QUIT -TEEN CAN HELP STUDENTS TACKLE THEIR TOBACCO ADDICTION



Schools play an important role in reducing the impact of tobacco and nicotine on our youth. Schools in Florida have made significant progress over the years by collaborating with tobacco prevention partners to reduce the burden of tobacco on students by implementing tobacco free policies.

However, the rise in youth e-cigarette use threatens to undermine these accomplishments. A youth cessation program called Tools to Quit - Teen, is available for your school district.

Tools to Quit - Teen:

- Offers a customizable group cessation program led by a trained specialist.
- Provides support and guidance to help youth quit tobacco use.
- Helps students understand the underlying addiction.
- Creates a personalized quit plan for students to follow.
- Provides access to additional resources for students who need help quitting tobacco.
- Incorporates fun student learning activities to keep youth engaged.

With the school environment being critical to youth development, implementing Tools to Quit - Teen in your county can play an important role in lowering tobacco use.



Because the tobacco and vaping industries continue to develop innovative new products and slick marketing schemes to attract youth, youth cessation is needed now more than ever. Tools to Quit - Teen offers school districts a way to empower youth to live a healthier lifestyle. Continued progress is well within our reach if we take action today!

Please contact your local Area Health Education Center for more information:

[AHEC Name] at [AHEC Phone Number]

[AHEC Logo]

LET'S WORK TOGETHER TO PROTECT YOUR STUDENTS HEALTH AND WELLBEING!

