

QUITTING SMOKING PAYS OFF



The average pack-a-day smoker in Florida spends more than \$2,000 a year on cigarettes.

Quit smoking today with **Group Quit** and start saving your health and wealth!



SAVE YOUR HEALTH

Cigarette smoking is the leading cause of preventable death in the United States.



Smoking cigarettes can cause heart disease, stroke, cancer, diabetes, gum disease, chronic obstructive pulmonary disease (COPD), and more.

For a limited time only, Gift Cards are available when you attend a Group Quit session!

Call [AHEC Name] at [AHEC Number] for more information!

[AHEC Logo]

Florida
HEALTH

Tobacco Free
Florida
cf.com